

# Crustless Quiche

This delicious Quiche is good for any meal of the day- breakfast, lunch, or supper! So give it a try and see how much your family will love it!

**Course** Main Dish  
**Cuisine** American

## Prep Time

20 MINUTES

## Cook Time

35 MINUTES

## Ingredients

- 1 lb King's Chicken Sausage
- 1 medium Onion (chopped)
- 1/4 tsp Dried Oregano
- 10 oz Chopped Frozen Spinach (squeezed and dried)
- 1 1/2 cup Shredded Cheese
- 8 large Eggs
- 1 1/4 cup Milk
- 1/2 cup Pancake Mix

## Instructions

1. Preheat oven to 375 and grease an 11" x 7" baking dish.

---

2. Brown chicken in skillet with onion and oregano.

---

3. Remove skillet from heat and stir in spinach and cheese.

---

4. In a large bowl add eggs, milk, and pancake mix- beat until well blended.

---

5. Line baking dish with sausage spinach mixture.

---

6. Pour egg mixture over top.

---

7. Bake for 35 minutes or until knife inserted in center comes out clean.

---

8. Serve and enjoy!