

Chicken, Rice, & Eggs

This super simple recipe is AMAZING. It is simple, fast, & uses everyday ingredients.

Course Main Dish
Cuisine Chinese

Servings 4 PEOPLE
Prep Time 30 MINUTES
Cook Time 30 MINUTES

Ingredients

- 1 lb King's Ground Chicken
- 1 cup Rice
- 3 large Eggs
- 1/4 cup Brown Sugar
- 1/4 cup Liquid Aminos (or Soy Sauce)
- 2 tsp olive oil
- 1/4 tsp Ground Ginger
- 1/4 tsp Black Pepper
- 1/4 tsp Red Pepper Flakes (optional)

Instructions

1. Begin cooking rice per package directions.

2. Mix together eggs, brown sugar, liquid aminos, olive oil, ginger, pepper, & red pepper flakes.

3. Brown chicken until cooked through. Pour ingredient mixture over meat and cook until eggs are done.

4. Set aside,. Once rice is cooked, add to meat mixture, stir together & serve.